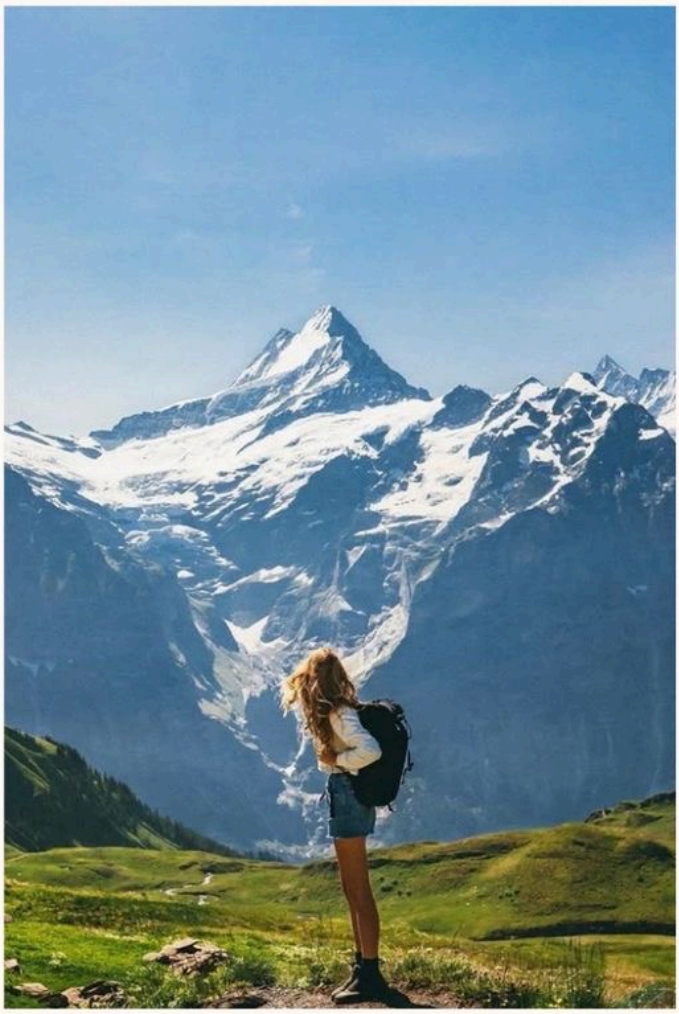
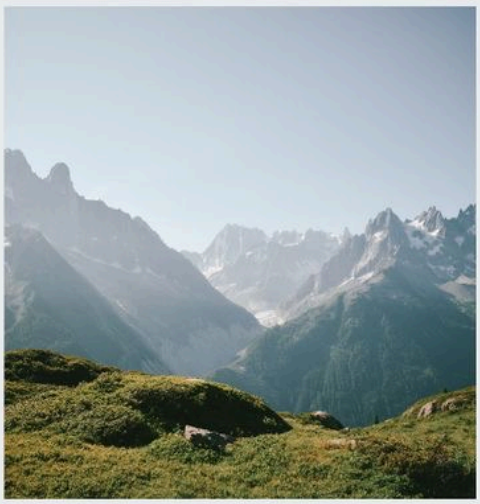
THE MAGIC OF SOLO TRAVEL





For many people, the thought of traveling alone feels scary. Questions appear immediately: Will I feel lonely? Will it be safe? What if I get lost? These doubts are natural, but they often prevent us from experiencing something truly transformative.

Solo travel is not about isolation. It is about freedom — the freedom to choose your own path, to move at your own pace, and to discover who you are without outside noise. When you step out of your comfort zone, you realize how capable and resourceful you really are. Planning your days, navigating new places, and making decisions on your own brings a sense of independence that is both powerful and liberating.

One of the greatest joys of traveling alone is the space it creates for self-discovery. Without constant conversation or compromise, you begin to notice details you would normally overlook — the colors of a street market, the rhythm of local life, or the quiet magic of a sunset. Every moment feels more personal, more meaningful, because there is no one else to filter the experience for you.

At the same time, solo travel doesn't mean being cut off from people. On the contrary, it often makes you more open to new connections. Strangers turn into friends, short conversations become lasting memories, and hospitality feels warmer when you are on your own. You learn to trust people and, even more importantly, to trust yourself.

The true magic of solo travel lies in the balance it gives: independence on one side, and connection on the other. You discover that you don't need company to create unforgettable memories — you already carry everything you need inside you. And once you experience this freedom, you realize that the world is yours to explore, one journey at a time.

THE *MAGIC* OF SOLO *TRAVEL*

SAME PLACES. A BRAVER YOU.



Task 1. Collocation Match

Match the words to make natural phrases from the article.

1.	Step out of – _____	A.	new places
2.	Navigate – _____	B.	independence
3.	Lasting – _____	C.	your comfort zone
4.	Filter – _____	D.	the experience
5.	Sense of – _____	E.	memories

Task 2. Fears vs. Reality

According to the article, complete the contrast between common doubts and the benefits of travelling alone.

Common Doubts Before Travelling Alone:

- Will I feel _____?
- Will it be _____?
- What if I _____?

Real Discoveries & Personal Growth:

- Developing a sense of: _____
- Learning to trust: _____

Task 3. Complete the Summary

Fill in the gaps using words from the box.
There is one word you do not need to use.

freedom • connections • anxiety
confidence • routines • growth

According to the article, solo travel is not about isolation. It gives you the (1) _____ to choose your own path and step out of your comfort zone. When you travel alone, you build (2) _____ because you learn to rely on yourself. You also make new (3) _____ and see the world more openly. While it can be challenging and sometimes bring (4) _____, the experience often leads to personal (5) _____ and a deeper understanding of who you are.

Task 4. Core Argument (Reading for Gist)

Which statement best expresses the author's central idea about solo travel?

- ◯ A. Solo travel is mainly for people who prefer isolation over meeting strangers.
- ◯ B. Travelling alone is filled with risks, but everyone should try it at least once.
- ◯ C. Solo travel is not about isolation; it balances personal independence with openness to meaningful new connections.
- ◯ D. Experiencing the quiet magic of nature is only possible when you are completely by yourself.